



**JABATAN PENDIDIKAN NEGERI JOHOR**

**UPSR BIG 50 PROGRAMME**

**MODULE**

**SJK( C )-024**

## Contributors

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# SET 1

**SECTION A**  
**( 10 marks )**

Study the timetable below and use the information to complete the passage.

**How Smart Sue Spent Her Time Yesterday**

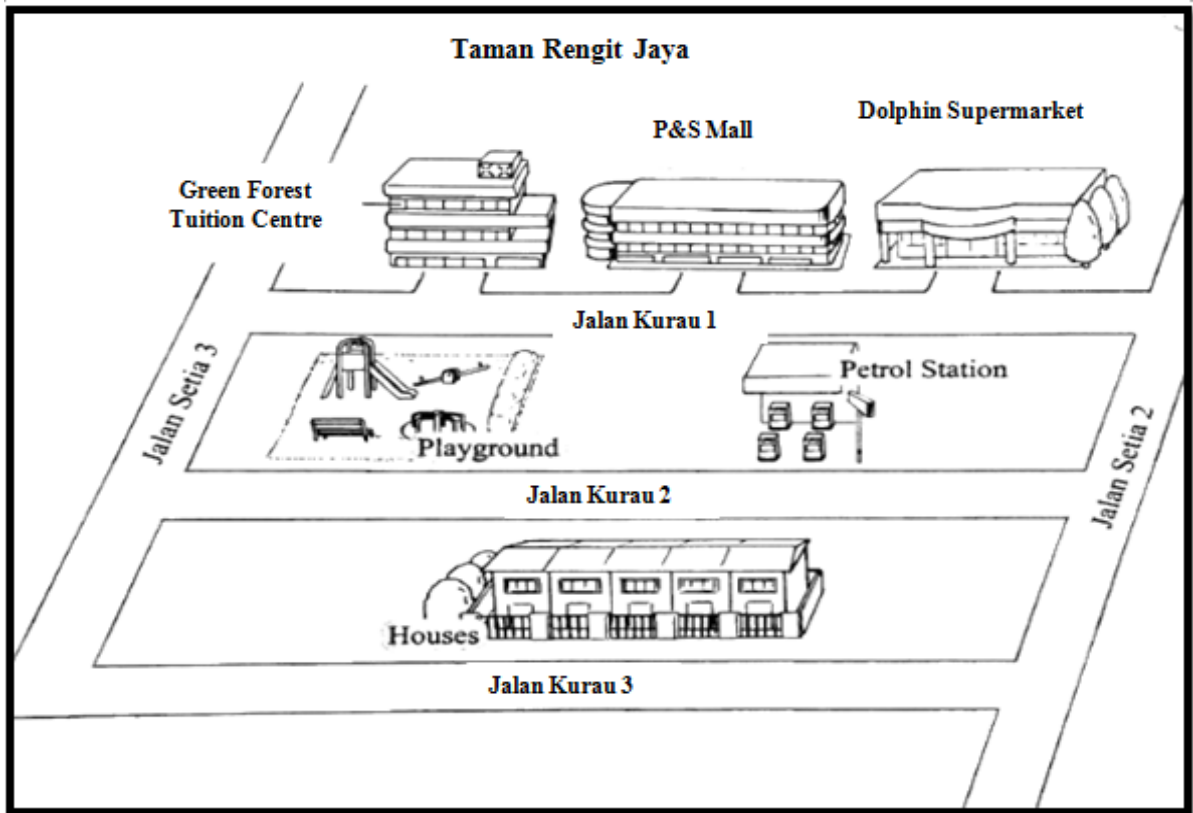
7:45 a.m.	ate breakfast
4:30 p.m.	practised playing the piano
5:15 p.m.	played badminton
8:45 p.m.	read some magazines
9:00 p.m.	went to bed

Smart Sue spent her time wisely yesterday. At a quarter to eight, she ate her \_\_\_\_\_ ( 1 ). At half past four, she \_\_\_\_\_ ( 2 ). At \_\_\_\_\_ ( 3 ), she played badminton with her friend. She \_\_\_\_\_ ( 4 ) at a quarter to nine. At nine o'clock, she \_\_\_\_\_ ( 5 ).

**SECTION B**  
**( 15 marks )**

**B(i)**

Study the map about Taman Rengit Jaya and answer the following question in the space provided.



List three buildings you will see along Jalan Kurau 1.

- i. \_\_\_\_\_
- ii. \_\_\_\_\_
- iii. \_\_\_\_\_

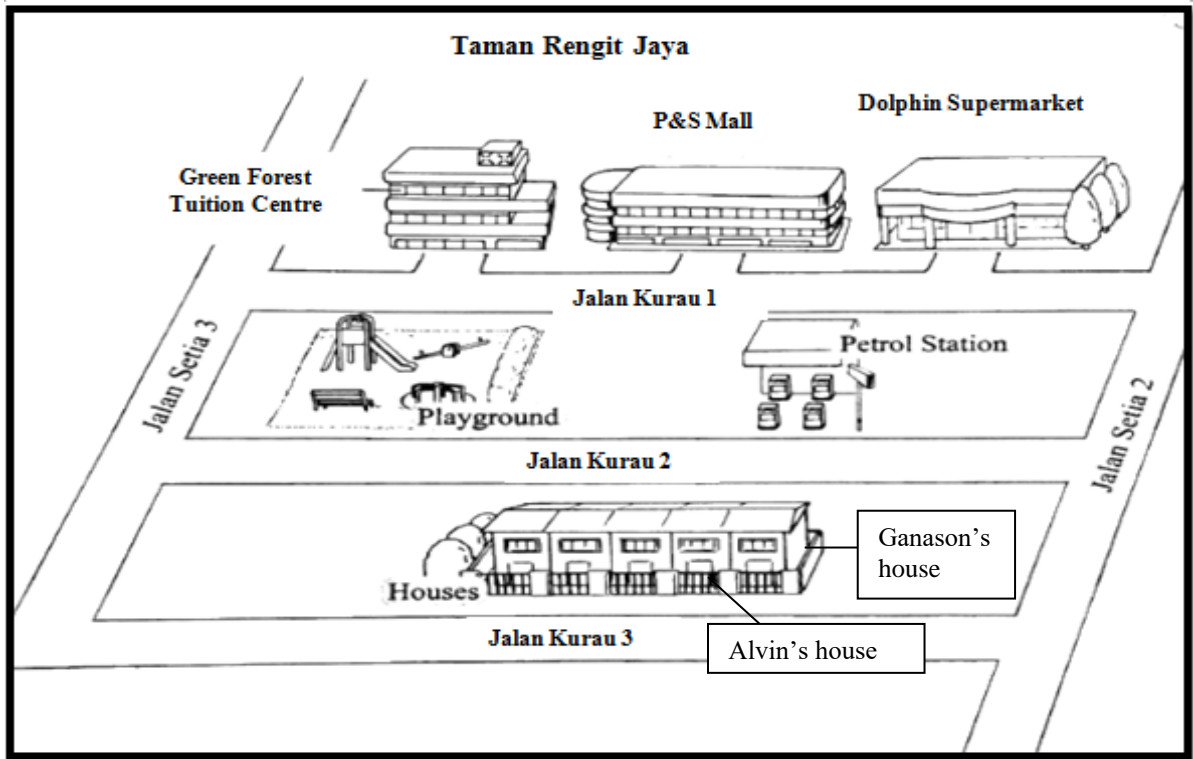
( 3 marks )

**B(ii)**

Alvin is Ganason's new neighbour. He wants to go to P&S Mall on Saturday with his sister.

Write a conversation between Ganason and Alvin about the direction from house to P&S Mall.

Write your answer **between 50 to 80 words**.



Alvin	:	Hello, Ganason. I want to go to P&S Mall on this Saturday. How do I get there?
Ganason	:	It is easy to go there. From your house,

( 12 marks )

## SECTION C

( 25 marks )

This section consists of two questions. Answer **one question** only.

### QUESTION 1

Write a story based on the picture below. You **may** use the words given to help you. Write your answer in the space provided. Write your story **between 80 to 100 words**.



followed  
market  
noisy  
people  
helped  
buy  
stall  
fishmonger  
bargained

Begin your story with:

During the weekend, Mei Ling did not go to school. She.....

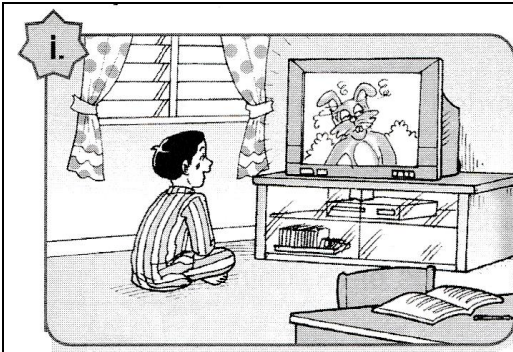




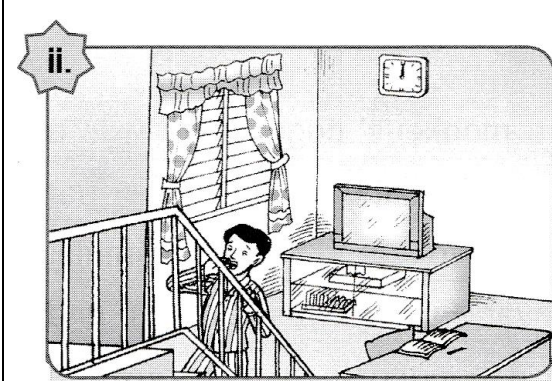
## QUESTION 2

Write a story based on the pictures below. You **may** use the words given to help you.

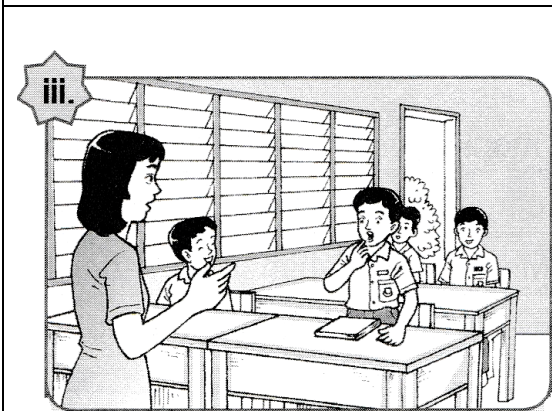
Write your answer in the space provided. Write your story **between 80-100 words**.



doing – homework – favourite programme – left



- midnight – sleepy – tired – complete - bed



-panicked – asked – scolded – advised – manage - time

# SET 2

**SECTION A**  
**( 10 marks )**

Read the poster below carefully. Then use the information to complete the passage that follows.

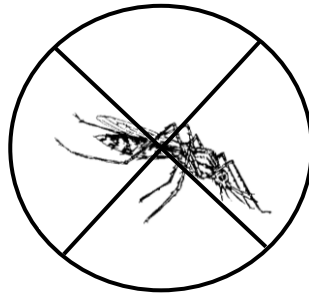
**PREVENTION IS BETTER THAN CURE**



- spreads dengue fever  
- high fever



- rashes on patient's



- keep our environment clean  
- dispose empty cans, tins, used tyres



-use Insecticides

The aedes mosquito is a kind of insect. It is dangerous to human beings because \_\_\_\_\_ ( 1 ). The patient with dengue fever usually starts having \_\_\_\_\_ ( 2 ) and \_\_\_\_\_ ( 3 ) body. To prevent the aedes mosquitoes from breeding, we should keep our environment clean by discard the \_\_\_\_\_ ( 4 ). Besides that, we can kill the adult aedes using \_\_\_\_\_ ( 5 ). We should do our best to get rid of the mosquitoes.

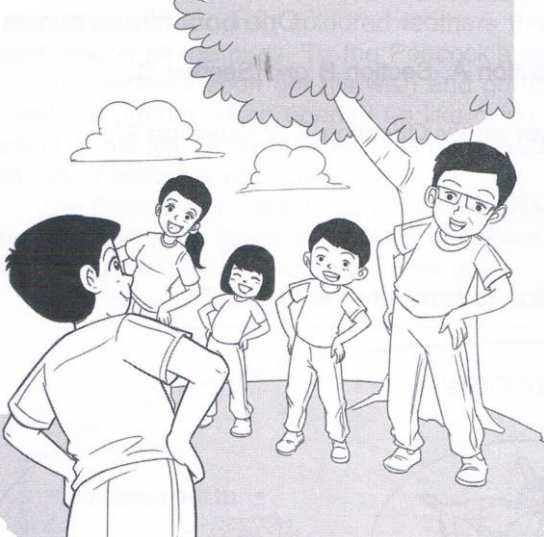
**SECTION B**  
**( 15 marks )**

**B(i)**

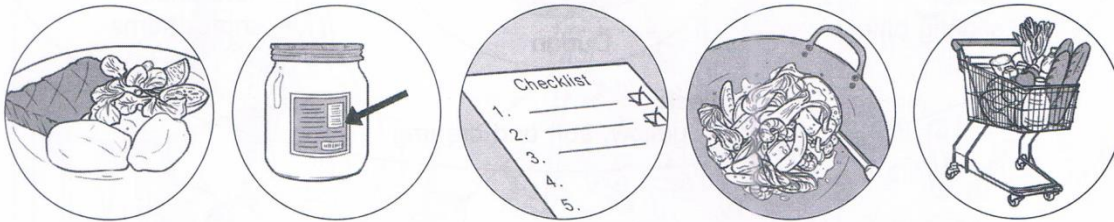
Study the brochure about a fitness programme for families and answer the following questions in the spaces provided.

**FAMILY FITNESS PROGRAMME**

**Join our programme for 6 weeks, 1½ hours every week, to exercise and to have fun together and be a healthy and happy family.**



- Learn how to exercise and stay fit.
- Learn healthy eating habits.
- During the programme, the experienced instructor will help you to get your ideal weight.




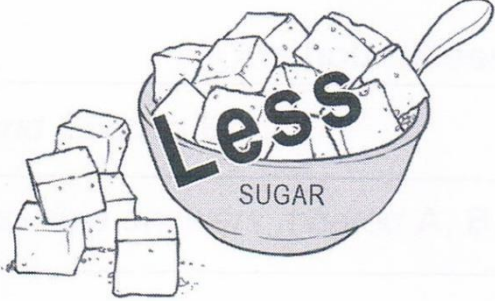


- |                   |                                 |                             |                          |                             |
|-------------------|---------------------------------|-----------------------------|--------------------------|-----------------------------|
| Learn to eat well | Read and understand food labels | Get help setting your goals | Get healthy cooking tips | Learn to shop for groceries |
|-------------------|---------------------------------|-----------------------------|--------------------------|-----------------------------|

List three things you will enjoy when you join the Family Fitness Programme.

- i. \_\_\_\_\_
- ii. \_\_\_\_\_
- iii. \_\_\_\_\_

( 3 marks )

B(ii)

Healthy Eating Tips	
	
Drink 8 glasses of water every day.	Cut down on sugar in your diet.
	
Eat more fruit and vegetables.	Eat less salt.
	
Eat fresh food instead of canned food.	Avoid unhealthy snacks.

You have attended the Family Fitness Programme. Your friend, Andy wants to know how to eat healthily. Write a letter to him telling him at least three ways to eat healthily. Write your answer **between 50 to 80 words**.



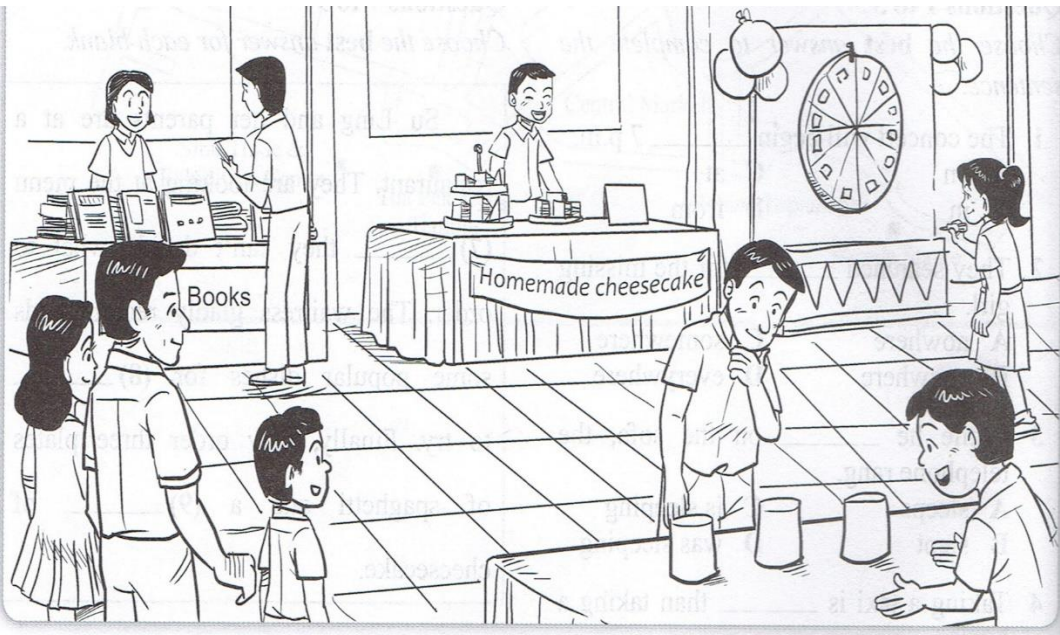
## SECTION C

( 25 marks )

This section consists of two questions. Answer **one question** only.

### QUESTION 1

Write a story based on the picture below. You **may** use the words given to help you. Write your answer in the space provided. Write your story **between 80 to 100 words**.



carnival  
organized  
support  
reached  
Stalls  
games  
prizes  
happily  
enjoyable

Begin your story with:

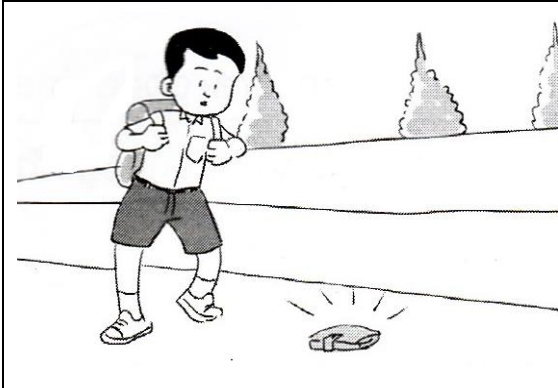
Last Saturday, Alan and his family went to SJKC Pei Min. There was .....



**Question 1**


**QUESTION 2**

**Write a story based on the pictures below. You may use the words given to help you. Write your answer in the space provided. Write your story between 80-100 words.**



hot – walking – wallet – roadside – surprised



picked – opened – money – police station – gave

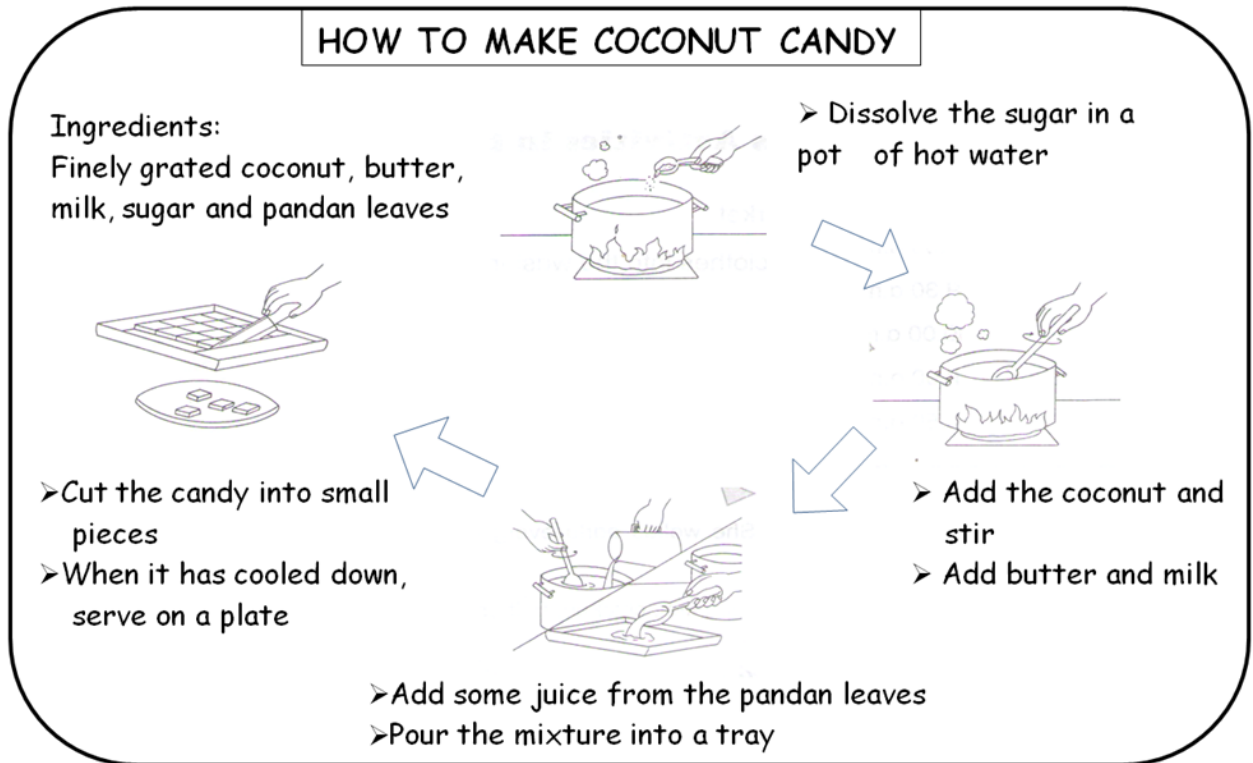


-praised – honesty – proud- – happy – good deed

# SET 3

**SECTION A**  
**( 10 marks )**

Look at the pictures and read the note carefully. Use the information to complete the passage.



The above recipe shows us \_\_\_\_\_ ( 1 ).

First, you need to dissolve \_\_\_\_\_ ( 2 ).

Then, add the coconut and stir .Add butter and milk . Next , add \_\_\_\_\_

\_\_\_\_\_ ( 3 ). Then, decant \_\_\_\_\_

\_\_\_\_\_ ( 4 ) Finally, cut the candy into small pieces. When it has cooled

down, serve coconut candy \_\_\_\_\_ ( 5 )

**SECTION B**  
**( 15 marks )**

**B(i)**

Read the notice below and answer the following question in the space provided.

HEALTHY LIVING CAMPAIGN 2017

organised by

SJK (C) Ai Xin

Date : 26 February 2017 (Sunday)

Venue : SJK(C) Ai Xin

Activities : 1. Zumba (7.30 a.m. - 8.00 a.m.)

2. 'Healthy Living ' talk by Dr. Simon ( 8.30 a.m.– 10.30 a.m. )

3. Essay Writing Competition  
(10.30 a.m. -12.30 p.m. for pupils only)

4. Balanced Diet Cooking Competition  
(10.30 a.m. – 12.30 p.m. for parents and teachers)

Please contact Madam Lee at 07-6554470 for more information.

List any three activities that will be held during the Healthy Living Campaign.

- i) \_\_\_\_\_
- ii) \_\_\_\_\_
- iii) \_\_\_\_\_

[3 marks]

**B(ii)**



- eat balanced diet
- eat the right kind of food
- keep strong and healthy



- exercise regularly
- play games or jog to make muscles strong



- get enough sleep
- sleep eight hours a day

Siti joined the talk on 'Healthy Living' at her school last week. She has been following the tips from the talk to keep herself healthy. Help her to write an email to her friend about how she keeps herself healthy based on the pictures that she has taken above.

Write your answer between **50-80 words**.

From:siti@gmail.com	Date:9 March 2017
To:jenny@gmail.com	Time:11.00a.m.
Subject :Tips on Healthy Living	
Dear Jenny,	

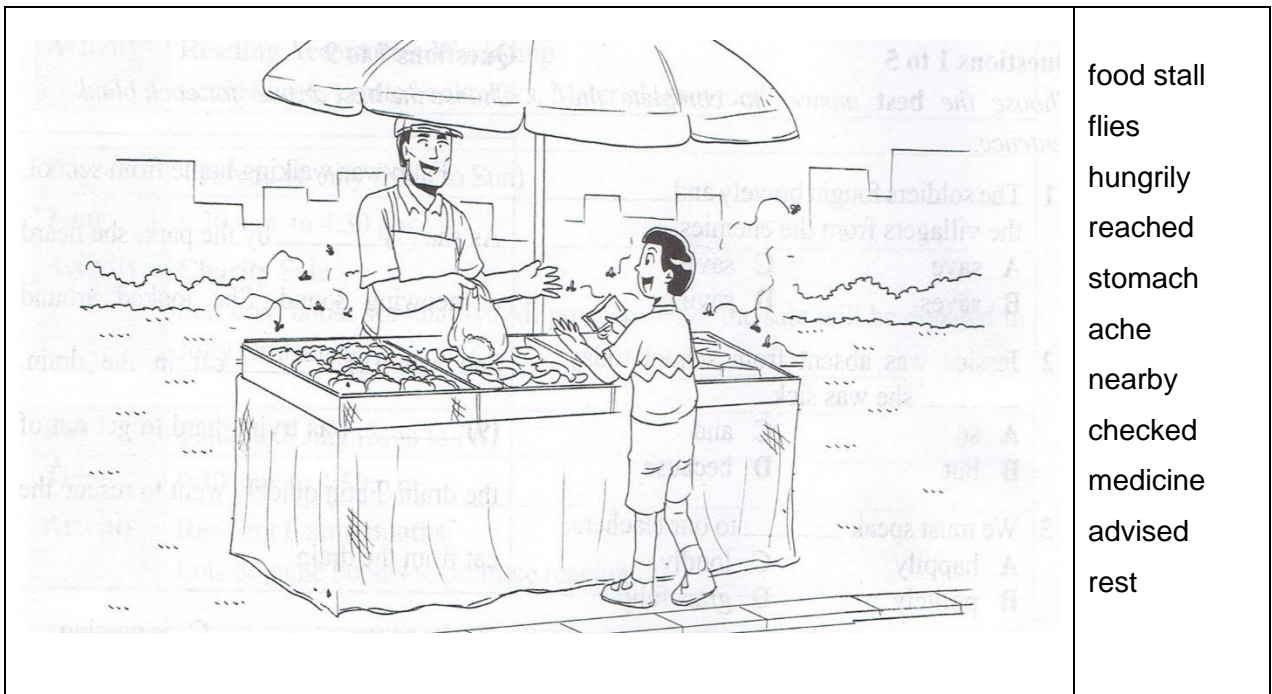
( 12 marks )

**SECTION C**  
**( 25 marks )**

This section consists of two questions. Answer **one question** only.

**QUESTION 1**

Write a story based on the picture below. You **may** use the words given to help you. Write your answer in the space provided. Write your story **between 80 to 100 words**.



Begin your story with:

One day, Teddy was walking home after school. On the way home, Terry.....

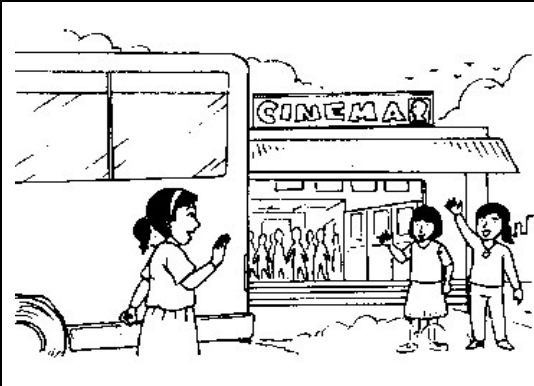




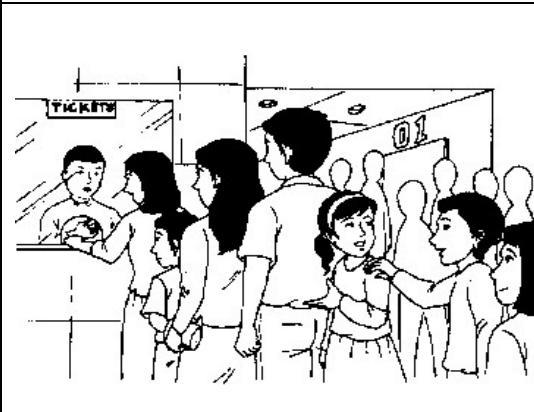
**QUESTION 2**

Write a story based on the pictures below. You **may** use the words given to help you.

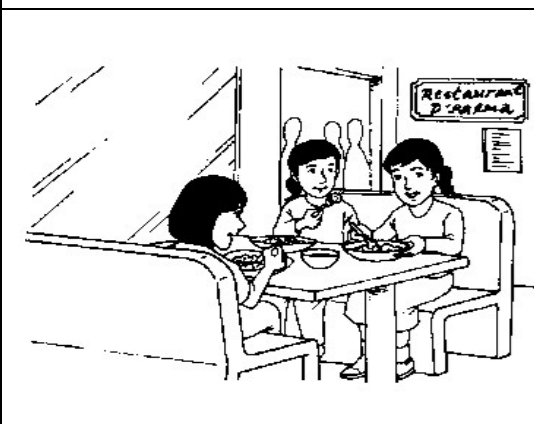
Write your answer in the space provided. Write your story **between 80-100 words**.



-cinema – watch - friends -bus - town



-buy – tickets – counter -long queue – popcorns



- enjoyed – movie – interesting – dinner - home

## **SUGGESTED ANSWER FOR SET 1**

### **Section A**

1. breakfast
2. practised playing the piano
3. a quarter past five
4. read some magazines
5. went to bed

### **Section B**

#### **B( i )**

- ( i)Green Forest Tuition Centre
- (ii)P&S Mall
- (iii)Dolphin Supermarket

#### **B( ii )**

##### **Galus**

take the left .Go straight along Jalan Kurau 3. You can see a junction .At the junction , turn left into Jalan Setia 2. Go straight along Jalan Setia 2.Turn left at the second junction.Go straight. P&S Mall is on your right. It is after Dolphin Supermarket.There is a petrol station on your left.

: Thank you very much.

: You're welcome.

(62 words )

##### **Advanced**

take the left .Go straight along Jalan Kurau 3 until you reach a junction .At the junction , turn left into Jalan Setia 2. Go straight on along Jalan Setia 2.You will come across two junctions on your left.Take the second junction. Go straight along Jalan Kurau 1. You will see P&S Mall on your right. It is after Dolphin Supermarket. There is a petrol station on your left.

: Thank you very much for your kindness.

: You're welcome. Have a nice journey.

( 84 words )

## **Section C**

### **Question 1**

#### **Galus**

During the weekend, Mei Ling did not go to school. She followed her mother to a market. The market had many people. It was very noisy. They were buying things.

They went to buy some vegetables. The vegetables were fresh. Her mother bought a lot of vegetables. Mei Ling helped to carry a basket. They went to buy some fish. The fish stall had many fresh fish. The fishmonger was friendly. Her mother bargained with him. Her mother bought some fish. Then, they also bought some prawns.

After that, they went home happily. They went home by car.

(98 words)

#### **Advanced**

During the weekend, Mei Ling did not go to school. She followed her mother to the market nearby. When they reached the market, there were a lot of people there. It was noisy. They were busy buying things.

First, they went to the vegetable stall. Her mother bought some fresh vegetables. Mei Ling helped her mother carry the basket. Then, they went to the fish stall. There were a lot of fish to be chosen from. They were placed neatly side by side. They liked the fish very much and bargained with him before paying for it.

Then, they went home happily. It was a good experience for Mei Ling.

( 110 words )

### **Question 2**

#### **Galus**

Alex is my friend. He is a lazy boy. Last Monday, he had a lot of homework. He was doing his homework but he wanted to watch his favourite programme. So, he left his homework and watched the programme.

The show finished at midnight. Alex was very sleepy. He forgot his homework. He was too tired to complete his homework, so he went to bed.

The next day at school, Alex was panicked. His teacher asked about his homework. He told his teacher. The teacher scolded Alex and advised him to manage his time.

(94 words)

### **Advanced**

One night, Alex was doing his homework when his favourite programme was shown on television. It was the last episode and he did not want to miss it. Therefore, he left his homework and watched the programme.

The show ended at midnight. By that time Alex was very sleepy. He was too tired to complete his homework, so he went straight to hit the sack.

The next day at school, Alex was panicked when his teacher asked for his homework. He told her the truth. The teacher scolded Alex as angry as wasp and advised him to manage his time better in future.

(103 words)

### **SUGGESTED ANSWER FOR SET 2**

#### **Section A**

1. it spreads dengue fever
2. high fever
3. rashes on his
4. empty cans,tins and used tyres
5. insecticides

#### **Section B**

##### **B ( i )**

- ( i)Learn how to exercise and stay fit.
- (ii) Learn healthy eating habits
- (iii) During the programme, the experienced instructor will help you to get your ideal weight.

##### **B ( ii )**

##### **Galus**

Dear Andy,

How are you? I am fine. I attended the Family Fitness Programme last week. I would like to share with you how to eat healthily.

Firstly, you should drink at least eight glasses of water every day. Drinking water can help your body to stay healthy. Secondly, you should eat more fruit and vegetables. They are good for your health. Thirdly, you should avoid eating unhealthy snacks.

I hope you will find them useful. Hope to hear from you soon.

Yours sincerely,

Sam

( 83 words)

### **Advanced**

Dear Andy,

How are you? I am fine. I would like to share with you some useful tips to help you eat healthily.

Firstly, you should drink at least eight glasses of water every day to keep your body healthy. Secondly, you should eat more fruit and vegetables which contain different types of vitamin that are good for your health. Thirdly, you should avoid eating unhealthy snacks.

I hope you will find the information useful. Hope to hear from you soon.

Yours sincerely,

Sam

( 84 words )

### **Section C**

#### **Question 1**

##### **Galus**

Last Saturday, Alan and his family went to SJKC Pei Min. There was a carnival. The school organized to raise funds. They went there to support his school.

They reached at school in the morning. The carnival had many stalls. The stall had food and drinks, second-hand books and toys. They liked it very much. Alan bought some food to eat. They also played some games. He was lucky. He won some prizes. He was very happy.

They went home happily. They enjoyed themselves very much. They wanted to come again next time.

( 93 words)

### **Advanced**

Last Saturday, Alan and his family went to SJKC Pei Min. There was a carnival there. It was organized to raise funds for the school. As a pupil of the school, Alan and his family went there to support the carnival.

When they reached there, there were many stalls selling a variety of things, including food and drinks, second-hand books and toys. Alan went to buy some home-made food. After that, He and his family went to play some games. Luckily, he won some prizes and he was as happy as a lark.

In the afternoon, they went home together. They had an enjoyable time while contributing to the school.

(110 words)

### **Question 2**

#### **Galus**

It was a hot day. Jason was walking home from school. Suddenly, he saw a wallet on the roadside. He was surprised to see it.

Nobody was around. Jason picked up the wallet and opened it. He saw a lot of money in the wallet. He went to the police station and gave the wallet to the policeman.

The policeman thanked Jason and praised him for his honesty. Jason was proud and happy because he had done a good deed.

(80 words)

#### **Advanced**

It was a hot scorching day. Jason was walking home from school. Out of the blue, he saw a wallet on the roadside. He was very surprised.

However, there is no one was around. Jason quickly picked up the wallet and opened it. To his surprise, there was a lot of money in it. He looked for a police station and walked there quickly. Jason gave the wallet to the policeman.

The policeman praised Jason for his honesty. Jason was proud of himself. He was very happy because he had done a good deed.

(94 words)

## **SUGGESTED ANSWER FOR SET 3**

### **Section A**

1. how to make coconut candy
2. the sugar in a pot of hot water
3. some juice from the pandan leaves
4. the mixture into a tray
5. on a plate

### **Section B**

#### **B ( i )**

1. Zumba
2. 'Healthy Living ' talk by Dr. Simon
3. Essay Writing Competition / Balanced Diet Cooking Competition

#### **B( ii )**

How are you? I hope you are fine. I would like to share some tips on how I keep myself healthy. First, I make sure I eat a balanced diet. It keeps me healthy and strong.

Next, I exercise regularly. I play games or jog to make my muscles are strong. Last but not least, I make sure that I get enough sleep. I sleep eight hours a day so my mind and body can have a good rest.

That's all from me. Bye.

Your friend,

Siti

( 87 words )

### **Section C**

#### **Question 1**

##### **Galus**

One day, Teddy was walking home after school. On the way home, Terry walked home after school. At the roadside, he saw a food stall. The food stall sold many food. He liked the food very much

He went to buy some food because he was hungry. He bought a nasi lemak . He ate it . Then, he went home. At home, he had a stomach ache. He cried loudly. He told his mother. His mother took him to a clinic.

The doctor checked his stomach. The doctor told him to take some medicine. Alan stayed at home to rest. Alan was very sad.

(105 words )



### **Advanced**

One day, Teddy was walking home after school. On the way home, Terry was walking past a food stall by the roadside. The food was not covered and there were some flies circling around the food.

As he was hungry, he bought a curry puff and ate it hungrily. When he reached home, he had a stomach ache. He told his mother about it. His mother immediately took him to a nearby clinic.

The doctor checked Terry's stomach and gave him some medicine to stop the pain. He advised Terry to stay at home and rest. Terry regretted and promised to be careful when choosing outside food.

( 107 words )

### **Question 2**

Hana is my friend. She loves watching movie. Last Saturday, Hana went to the cinema with his friends. They went there by bus. They wanted to watch a movie.

They queued at the counter and buy the movie tickets. The queue was long. They waited patiently. Hana asked her friends to buy some popcorns and soft drinks. Then, they went into the cinema together.

They enjoyed the movie happily. The movie was very interesting. Then, they went for dinner together at a restaurant. After their dinner, they went home by taxi.

(91 words)

### **Advanced**

Hana is a young and lively girl, who loves watching movie. Last Saturday, Hana and her friends went to the cinema in their neighbourhood after doing revision. They wanted to watch a comedy titled "A Silly Man".

They queued at the counter to buy the movie tickets. It was a long queue. Therefore, Hana asked her friends to buy some popcorns and soft drinks while waiting. Then, they went in together.

They enjoyed the movie happily. It was very interesting. Then, they went for dinner together at a restaurant. After their dinner, they went home by taxi.

(97 words)